

The Apostles' Creed

*I believe in God, the Father Almighty,
Creator of Heaven and earth; and in
Jesus Christ, His only Son, Our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under
Pontius Pilate, was crucified, died, and
was buried. He descended into Hell;
The third day He arose again from the
dead; He ascended into Heaven,
and is seated at the right hand of God,
the Father Almighty;
from there He will come to judge the
living and the dead.*

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Our Father,

*Who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in
heaven.*

Give us this day our daily bread;
and forgive us our trespasses, as we
forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary, full of grace.

*The Lord is with thee.
Blessed art thou amongst women, and
blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.*

Glory be to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Fatima Prayer

*O my Jesus, forgive us our sins, save us
from the fires of hell, lead all souls to
heaven, especially those in most need of
thy mercy. Amen.*

Hail, Holy Queen, Mother of mercy,
hail our life, our sweetness and our
hope.

To thee do we cry, poor banished
children of Eve: to thee do we send up
our sighs, mourning and weeping in this
vale of tears.

Turn then, most gracious Advocate,
thine eyes of mercy toward us,
and after this our exile,
show unto us the blessed fruit of thy
womb, Jesus.

O clement, O loving, O sweet Virgin
Mary!

Pray for us, O Holy Mother of God.

That we may be made worthy of the
promises of Christ.

(Final Prayer) Let us pray:

O God, whose only-begotten Son, by his
life, death and resurrection, has
purchased for us the rewards of eternal
life; grant, we beseech thee, that
meditating on these Mysteries of the
most holy Rosary of the Blessed Virgin
Mary, we may both imitate what they
contain, and obtain what they promise,
through the same Christ our Lord.
Amen.

**For each prayer, the leader will pray the words in italics,
and the group responds with the normal type.**



How to Pray the Rosary

1. Make the sign of the cross and say the Apostles' Creed.
2. Pray an Our Father for the Pope's intentions.
3. Pray the Hail Mary on each of the 3 beads for an increase in faith, hope and love.
4. Pray a Glory be.
5. Recall the first mystery and pray the Our Father on the first big bead.
6. On the next ten beads pray a Hail Mary whilst reflecting on the mystery.
7. Conclude the mystery with the Glory be and the Fatima Prayer.
8. Continue with the next Mystery and repeat for all: Our Father, ten Hail Marys, the Glory be and Fatima Prayer.
9. Conclude the final mystery with the Hail Holy Queen.
10. End with the Final Prayer and the sign of the cross.

The Mysteries of the Rosary

Joyful Mysteries (Monday and Saturday)

- 1st The Annunciation *Luke 1:38*
- 2nd The Visitation *Luke 1:46*
- 3rd The Nativity of Jesus *Luke 2:14*
- 4th The Presentation of Jesus *Luke 2:30*
- 5th The Finding of Jesus in the Temple
Luke 2:49

Luminous Mysteries (Thursday)

- 1st The Baptism of Jesus *Mark 1:11*
- 2nd The Wedding at Cana *John 2:11*
- 3rd The Proclamation of the Kingdom
Mark 1:15
- 4th The Transfiguration *Luke 9:33*
- 5th The Institution of the Eucharist
Matthew 26:26

Sorrowful Mysteries (Tuesday and Friday)

- 1st The Agony in the Garden
Matthew 26:39
- 2nd The Scourging at the Pillar
Matthew 27:26
- 3rd The Crowning with Thorns *John 19:5*
- 4th The Carrying of the Cross *Luke 23:28*
- 5th The Crucifixion *Luke 23:46*

Glorious Mysteries (Wednesday and Sunday)

- 1st The Resurrection *Mark 16:8*
- 2nd The Ascension of Jesus *Luke 24:45*
- 3rd The Descent of the Holy Spirit *Acts 2:1*
- 4th The Assumption of Mary *Rev 12:1*
- 5th The Coronation of Mary *Rev 21:1*

